

SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

October 2024



Available to First, Second and Transition: Turkey & Cheese or Ham & Cheese Sandwich, Fruit, Veggie and Milk

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that all sites will eat FREE for the 2024-2025 School Year.</p>		
30	1	2	3	4
Sausage and Gravy Bites Fruit Juice, Milk	Donuts Fruit Juice, Milk	Waffles Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk
Hamburger Potato Wedges Fruit Salad Bar Cookie Milk	Crispito Refried Beans Chips and Salsa Fruit Salad Bar Milk	Chicken Alfredo Green Beans Breadstick Fruit Salad Bar Milk	Beef Taco Corn Chips and Salsa Fruit Salad Bar Milk	Cheese Pizza Baby Carrots Fruit Salad Bar Milk
7	8	9	10	11
Breakfast Pizza Fruit Juice, Milk	Chocolate Gravy and Biscuit Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Cereal and WG Toast Fruit Juice, Milk	
Meatball Sub Baked Beans Fruit Salad Bar Milk	Orange Chicken Ramen Noodles Green Peas Salad Bar and Fruit Fortune Cookie Milk	Chicken Fried Steak Fingers Mashed Potatoes WG Hot Roll Fruit Salad Bar Milk	Beef Nachos Corn on the Cob Fruit Salad Bar Milk	
14	15	16	17	18
Sausage Biscuit Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	PROFESSIONAL DAY	
Ham and Cheese Flatbread Pork and Beans Fruit Salad Bar Cookie Milk	Corn Dog Steamed Broccoli Fruit Salad Bar Milk	Baked Chicken Legs Mashed Potatoes WG Hot Roll Fruit Salad Bar Milk		
21	22	23	24	25
	Funnel Cake Strawberries Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
	Macaroni and Cheese Little Smokies Green Beans Soft Pretzel Milk	Chicken Nuggets Mashed Potatoes WG Hot Roll Fruit Salad Bar Milk	Chicken Taco Refried Beans Chips and Salsa Fruit Salad Bar Milk	Pepperoni Pizza Rippers Tossed Salad Fruit Salad Bar Jello Milk

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.